



SPRING SESSION LEARN TO SKATE

APRIL 5—JUNE 4, 2016

TOT/BEGINNER/PRE-ALPHA

Tues. 4:00-4:30 pm
 Wed. 4:00-4:30 pm
 Wed. 4:40-5:10 pm
 Sat. 10:10-10:40 am
 Sat. 11:00-11:30 am

ALPHA, BETA, GAMMA, DELTA

Wed. 4:00-4:40 pm
 Sat. 10:10-10:50 am

FREESTYLE

Wed. 4:40-5:20 pm (all levels)
 Sat. 8:10-8:50 am (FS 4 & up)
 Sat. 8:50-9:30 am (FS 1-3)

ADULT/TEEN

Sat. 8:50-9:30 am

HOCKEY SKATING SKILLS

11:00-11:30 am

FIGURE SKATING SPECIALITY CLASSES

On Ice Power & Conditioning

Tues. 4:30-5:00 pm
 Sat. 9:40-10:10 am (A-D, FS 1-3)

Off Ice Conditioning & Stretch

Sat. 8:10-8:40 am (A-D, FS 1-3)
 Sat. 9:00-9:30 am (FS 4 & up)

Ballet for Figure Skaters

Thurs. 7:10-8:10 pm

Axel/Axel Prep

Tues. 4:00-4:30 pm

Double Trouble

Tues. 4:00-4:30 pm

I Want to Compete!

Wed. 4:40-5:20 pm

Intro to Team Skating (Crystal Edges)

Tues. 4:30-5:00 pm
 Sat. 11:00-11:40 am

REGISTER FOR 1 CLASS GET THE SECOND CLASS 1/2 OFF
 (Same skater)

CLASS FEES

Introductory Tot/Beginner *
 Tot, Beginner, Pre-Alpha
 Alpha, Beta, Gamma, Delta
 Freestyle, Adult Classes

RES/NR

Tues & Wed

\$80/\$95
 \$95/\$110
 \$110/\$125
 \$135/\$150

Sat.

\$63/\$75
 \$74/\$95
 \$85/\$100
 \$105/\$120

5% Village of Bensenville Amusement Tax

Not Included

Skate Rental \$2.00/wk

Tuesday & Wednesday Classes 9 Weeks

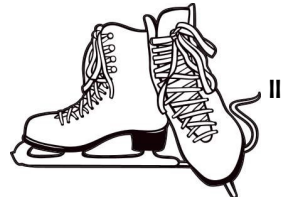
Saturday classes 7 weeks—No Class 4/23 & 5/7

SPECIALTY CLASSES

On Ice Power & Conditioning
 Off Ice Conditioning & Stretch
 Ballet for Figure Skaters (Thursday)
 Hockey Skating Skills
 Axel/Axel/Axel Prep
 Double Trouble
 I Want to Compete
 Intro to Team Skating

\$110/\$120
 \$110
 \$90/\$100
 \$90/\$100
 \$75/\$85
 \$75/\$85

\$88/\$98
 \$70/\$80
 \$70.00
 \$56/\$66



The Edge Ice Arenas 545 John Street & 735 E. Jefferson
 Bensenville, IL 60106 630-766-8888

Www. Bensenville.il.us



REGISTRATION INFORMATION

Introductory Tot and Beginners— One time offer Open to all “new” skaters only

***Tot/Beginners/Pre-Alpha classes are 30 min of instruction and 10 min of practice time. Hockey Skates are NOT permitted for tot and beginner classes without figure skating director’s approval. Helmets are optional but recommended Gloves are a must**

FREE practice time for learn to skate skaters only Wed. 3:30–4:00 pm & Sat. 11:40-12:00 pm.

Classes meet once per week. Add a second class in the same session for 1/2 price (same skater)

(Ballet Classes not included) *Cannot be done on line must have manager’s approval*

No refunds after 2nd week of classes. Refund less registration fee and class attended.

Learn to Skate Classes are held at John Street arena

MAKE UP CLASS—Skaters may make up a missed class if class size allows and cannot be carried over

BEGINNER CLASS BASIC INFORMATION

TOTS—skaters ages 3-4 years old. Tots are divided up by ability

BEGINNERS— skaters 5 years and older that have not skated before or have had no formal lessons

PRE-ALPHA-Skaters that have some skating experience or have successfully completed beginner session

ADULTS– Open to teen and adults of all levels and abilities. Non intimidating atmosphere, catering to individual needs

All other level descriptions available in program book

NEW—HOCKEY SKATING SKILLS—Open to hockey players with basic skating ability wanting to perfect their skating skills. Class will focus on stops, forward and backward cross-overs, edge work to improve power and agility.

AXEL/AXEL PREP CLASS—Open to skaters at Freestyle 4 and above.

NEW DOUBLE TROUBLE—Open to skaters in FS 6 & up

NEW “I WANT TO COMPETE!” - Class open to all skaters beginner level and above that would like to see what competition is all about. Skaters will learn and perform a competitive routine and have the opportunity to perform for family and friends

NEW INTRO TO TEAM SKATING—Open to skaters Alpha and above– Yes figure skating is also a team sport. Learn the basic of synchronized group skating. Make new friends and have fun learning, blocks, wheels, line formations and more

CRYSTAL EDGES FIGURE SKATING CLUB—Skaters of all levels are welcome to be part of the Edge’s figure skating club. Skaters have opportunities to participate in shows, competition, teams, and special clinics and classes.

In efforts to produce the most prepared competitive skater as well as promote health and well being, we offer specialty classes, on and off ice training, ballet, and practice ice. Contact Figure Skating director for more information.

Reminder—Tuesday & Wednesday Classes run for 9 weeks while Saturday classes will run for 7 weeks.

NO CLASSES SATURDAY 4/23 & 5/7

For more information contact Figure Skating Director—Susan D’Aquila at 630-594-1107, sdaquila@bensenville.il.us