

September is... Memory Month!

**We're promoting healthy minds!
Join us for the following events:**

MEMORY LOSS: RISKS, PREVENTION, AND RESEARCH

Monday, September 9, 2013

1:30—2:30 p.m.

Learn about cutting edge clinical neuroscience research conducted at Alexian Brothers Neuroscience Institute. Hear how the environment of Alzheimer's Disease is changing and how studying younger, healthy brains is helping memory loss research.

MEMORY SCREENINGS

Monday, September 16, 2013

9:30 a.m.—1:30 p.m.

Sign up for free memory screenings! Limited to 12 participants, so call the Library (630) 766-4642 to reserve your spot!

HEALTHY BRAIN, HEALTHY MEMORY (WITH DR. LINDA SASSER)

Monday, September 23, 2013

10:30 a.m.

Learn about your brain and activities that can help you maintain and even improve brain function. Dr. Linda Sasser will discuss how memory works, age-related memory changes, and strategies for improving retention and recall.

For complete information, see our Fall Program Guide!